

The 12 Powerful Laws of Goal Setting

By Daniel Ally

- 1. ALWAYS FOCUS ON THE BIGGEST OUTCOMES FAR MORE THAN OBSTACLES**
- 2. WRITE YOUR GOALS DOWN ON PAPER EVERY SINGLE DAY**
- 3. PUT PHOTOS OF WHAT YOU WANT AROUND YOUR HOME AND OFFICE**
- 4. VISUALIZE AND AFFIRM YOUR DESIRED RESULTS FOR 10 MINUTES DAILY**
- 5. GET AWAY FROM ALL NEGATIVE PEOPLE, DOUBTERS, AND NAYSAYERS**
- 6. EAT, SLEEP, AND EXERCISE LIKE A WORLD-CLASS ATHLETE EACH DAY**
- 7. STUDY, PRACTICE, & MASTER YOUR CRAFT FOR 4 HOURS MINIMUM DAILY**
- 8. ALWAYS FACE THE FACTS ABOUT YOUR SITUATION & MAKE ADJUSTMENTS**
- 9. SET MASSIVE GOALS AND ACT LIKE WHO YOU WANT TO BE IN 10 YEARS**
- 10. HIRE A BUSINESS OR SUCCESS COACH TO MAXIMIZE RESULTS FASTER**
- 11. STUDY YOUR DESIRES BOTH ONLINE AND IN PERSON EACH WEEK**
- 12. TALK ABOUT WHAT YOU TRULY WANT WITH SOMEONE YOU LOVE**