

10 Ways to Get Rid of Evil Thoughts

By Daniel Ally

1. COMPLETELY DETOX FROM SOCIAL MEDIA FOR A WEEK
2. AVOID NEGATIVE RELATIVES, FRIENDS, & ACQUAINTANCES
3. WRITE DOWN ALL OF YOUR GRATTUDE AND GOALS
4. JOURNAL EVERY SINGLE ONE OF YOUR CONFLICTS
5. EXERCISE, EAT RIGHT, AND STAY FIT ON A DAILY BASIS
6. READ INSPIRATIONAL MATERIAL FOR ONE HOUR DAILY
7. SEEK ONLY THE BEST ADVICE FROM PROFESSIONALS
8. SERVE OTHERS MORE THAN YOU SERVE YOURSELF
9. PRAY AS OFTEN AS POSSIBLE ON YOUR KNEES
10. LIST OUT ALL YOUR MISTAKES & MAKE CHANGES